

# JANUARY BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Vanilla Concha Cheerios Cereal	Bagel w/Cream Cheese Honey Bunches of Oats Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Cinnamon Crumble Honey Bunches of Oats	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
MLK	Bagel w/Cream Cheese Honey Bunches of Oats Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Cinnamon Crumble Honey Bunches of Oats	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal	Smoothie & Granola Cinnamon Chex Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats
<b>Breakfast Includes:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>		
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice <b>Seasonal Fruit:</b> Tangerines	Scan Our QR Code Daily Rate the Meal You Ate <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>		



# JANUARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Cheeseburger & Fries Veggie Burger & Fries Wowbutter Sandwich w/ Corn Tajin (V)	Mac & Cheese w/ Mixed Veg (V) Chicken Tamale w/ Mixed Vegetables Turkey & Cheese Sub Sandwich	Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) BYO Seedbutter Sandwich (V)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Hot Dog & Fries Beef Elote Loaded Potatoes Mantecada Muffin Kit w/ Yogurt, String Cheese & Corn (V)	Chicken Alfredo Pasta w/ Broccoli Bean & Cheese Pupusa w/ Curtido (V) Turkey Trio Sandwich	Pizza Bites w/ Marinara (V) Chicken Teriyaki w/ Rice & Diced Carrots Chicken Caesar Salad	Beef Taco Stick w/ Fava Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit w/ Crispy Beans	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
MLK	Chicken Dumplings w/ Rice & Edamame Pizza Bites w. Marinara (V) Mantecada Muffin Kit w/ Yogurt, String Cheese & Baby Carrots (V)	Bean & Cheese w/ Fava Beans BBQ Chicken w/ Baked Beans Veggie Chef Salad (V)	Cheese Lasagna (V) Grilled Cheese w/ Baby Carrots (V) Chicken Salad & Cheese Kit w/ Crispy Beans	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Cheeseburger & Fries Veggie Burger & Fries Wowbutter Sandwich w/ Corn Tajin (V)	Mac & Cheese w/ Mixed Veg (V) Chicken Tamale w/ Mixed Vegetables Turkey & Cheese Sub Sandwich	Orange Chicken w/ Rice & Peas Penne Pasta w/ Meatsauce Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Bean & Cheese Burrito w/ Fava Beans Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) BYO Seedbutter Sandwich(V)
<b>Lunch Includes:</b>	<b>Veg of the Day:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	<b>Monday:</b> French Fries/ Corn <b>Tuesday:</b> Crispy Beans <b>Wednesday:</b> Baby Carrots <b>Thursday:</b> Cucumber / Celery <b>Friday:</b> Side Salad w/ Dressing	Apples, Apple Slices, Bananas, Dried Cranberries, Pears, Raisins, 100% Juice <b>Seasonal: Tangerines</b>	Scan Our QR Code Daily Rate the Meal You Ate <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	

